

Orthopaedic Surgeon, Foot & Ankle & Trauma Surgery

Clinical Condition	Hallux Valgus
Eligibility	Bunion deformity +/- pain over the bunion Deformity of lesser toes +/- corns and callosities Limitation in daily / recreational activities Difficulty in wearing closed shoes Cosmesis not an indication for surgical management
Clinical Photo	and my
Differential Diagnosis	 Hallux rigidus Inflammatory arthropathy
Information required with referral	Detail history of the pain, deformity and swelling Functional limitations Any treatment taken eg Orthotics Any previous surgeries Associated medical conditions Problems with footwear
Investigation required for the diagnosis	Full weight bearing foot x rays of both feet .
Pre-Referral management strategies (information required with referral)	 Appropriate footwear Orthotics/ spacer Analgesia
Referral Criteria	Continuous symptoms despite the non-operative management.
Fact sheets	http://www.footeducation.com/bunions-hallux-valgus